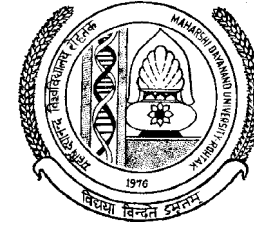


Maharshi Dayanand University Rohtak



Ordinance, Syllabus and Courses of Reading for

M.A. (Psychology) 3rd & 4th Semester

Examination

Session — 2009-2010

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SCHEME OF EXAMINATION FOR M.A. (PSYCHOLOGY) SEMESTER III & IV 2009-2010

There would be five theory papers, each carrying 1000 marks and a practical of 200 marks in each semester. Two papers would be compulsory. Candidates would be required to choose any one group out of the given ones and each group would comprise of three theory papers. The particular groups to be floated in an academic session would be decided by the Head of the Department with consultation of Departmental Committee, keeping in view the available resources.

M.A. (Semester-III) Psychology 2009-2010

Paper Nomenclature No. of the paper	Int. Asstt.	Exam.	Time
Compulsory			
XIII Psychological Testing	20	80	3 Hr.
XIV Personality	20	80	3 Hr.
Optional : (Any one of the following groups) papers XV, XVI and XVII			
Group- A : Guidance and Counselling			
XV-A Guidance : Resources & Methods	20	80	3 Hr.
XVI-A Counselling : Skills & Strategies	20	80	3 Hr.
XVII-A Specialized Areas of Counselling & Guidance	20	80	3 Hr.
Group-B : Human Resource Development			
XV-B Behavioural Processes in Organisation	20	80	3 Hr.
XVI-B Psychology at Work Place	20	80	3 Hr.
XVII-B Employee Training and Development	20	80	3 Hr.
Group-C : Developmental Psychology			
XV-C Life-Span Developmental Psychology	20	80	3 Hr.
XVI-C Cognitive Development	20	80	3 Hr.
XVII-C Developmental Disability and Psychopathology	20	80	3 Hr.

XVIII. Practicals	200	8 Hr.
XVIII (a) Practicum (i) Practicals related to compulsory papers	60	4 Hr.
(ii) Project Report	50	
XVIII (b) Practicum : Tests/ Experiment related to optional Groups	90	4 Hr.

M.A. (Semester-IV) Psychology 2009-2010

Paper Nomenclature No. of the paper	Int. Asstt.	Exam.	Time
Compulsory			
XIX Psychological Assessment	20	80	3 Hr.
XX Positive Psychology	20	80	3 Hr.
Optional : (Any one of the following groups) papers XXI, XXII and XXIII			
Group- A : Clinical Psychology			
XXI-A Foundations of Clinical Psychology	20	80	3 Hr.
XXII-A Neuro Psychology	20	80	3 Hr.
XXIII-A Clinical Intervention	20	80	3 Hr.
Group-B : Social Psychology			
XXI-B Advanced Social Psychology	20	80	3 Hr.
XXII-B Social Problems	20	80	3 Hr.
XXIII-B Cross Cultural Psychology	20	80	3 Hr.
Group-C : Health Psychology			
XXI-C Foundations of Health Psychology	20	80	3 Hr.
XXII-C Mind Body Health	20	80	3 Hr.
XXIII-C Management of Health	20	80	3 Hr.
XXIV. Practicals	200	8 Hr.	
XXIV (a) Practicum (i) Practicals related to compulsory papers	60	4 Hr.	
(ii) Project Report	50		
XXIV (b) Practicum : Tests/ Experiment related to optional Groups	90	4 Hr.	

M.A. (Semester-III) Psychology 2009-2010**PAPER-XIII PSYCHOLOGICAL TESTING**

Maximum Marks : 100
Internal Assessment : 20
Examination : 80
Time 3 Hrs.

Note :

- Nine questions would be set in all.
- Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Psychological Testing :

Nature, History, Functions of Psychological Tests.

Test Administration :

Effects of Examiner and Situational Variables, Test - Taker's Perspective, Effects of Training on Test Performance.

Unit-II

Test Construction :

Steps of test Construction, sources of Information about Tests.

Item Analysis :

Distractor Analysis, Item difficulty, item Discrimination, Item Response Theory.

Unit-III

Reliability :

Meaning, Methods of reliability, Factors affecting Reliability.

Validity :

Meaning, Methods of Estimation.

Unit - IV

Norms :

Steps in Developing Norms, Developmental Norms, Within group norms.

Special Topics and Issues in Testing :

Computer - Aided psychological Assessment and its evaluation, Ethical issues in psychological testing.

REFERENCES

- Anastasi, A. and Urbina, S. (1997) **Psychological Testing** (7th edition) Upper Saddle River (NJ) : Prentice Hall.
- Friedenberg, L. (1995) **Psychological Testing : Design Analysis and use.** Boston : Allyn and Bacon.
- Guilford, J.P. (1954) **Psychometric Methods** (2nd Edition) New York : Mc Graw Hill.
- Gregory, R.J. (2004) **Psychological testing : History Principles and applications** (4th ed.) New Delhi : Pearson education.
- Kline, Paul (1993) **The Handbook of Psychological testing** London : Routledge.
- Murphy, K.R. and Davidshofer C.O. (1988) **Psychological Testing : Principles and application.** New Jersey : Prentice Hall.
- Singh, A.K. (2006) **Tests Measurements and Research Methods in Behavioural Science** New Delhi : Bharati Bhawan.

PAPER-XIV PERSONALITY**Maximum Marks : 100****Int. Asstt. : 20****Examination : 80****Time 3 Hrs.****Note :**

- Nine questions would be set in all.
- Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Personality : History, Nature and Assessment.

Personality theory and other psychological theories, Formal and substantive attributes of a personality theory.

Testing the theories : Experimental, Correlational and case study.

Unit-II

Theories of personality (Emphasis on Neo-Analytic Perspective) :

Horney's Neurotic Anxiety Theory

Erikson's Psycho-social theory of Development

Theories of Personality (Emphasis on personality structure).

Eysenck's Biological Trait Theory

The Big five- Contemporary Trait Theory.

Unit-III

Theories of Personality (Emphasis on Perceived reality) :

Kelly's Personal construct Theory

Roger's Person Centered Theory

Theories of Personality (Emphasis on Learning) :

Skinner's Operant Conditioning

Bandura's Social Learning Theory.

Unit-IV

Eastern Theories of Personality :

Yoga and Hindu Tradition

Zen and Buddhist Tradition

Contemporary Personality Psychology :

Cultural Contributions to Personality.

Biological Contributions to Personality.

References :

- Burger, J. M. (2004) **Personality** (6th Ed.) USA : Thomson Wadsworth.
- Carver, C. S. and Scheier M.F. (1996) **Perspectives on Personaity**. Boston : Allyn and Bacon.
- Eillis, A., Abrams, M. : Abrams, L.D. (2009) **Personality Theories Critical Perspective** New Delhi : Sage Pub. Co.
- Engler, B. (2003) **Personality Theories** (6th Ed.) New York : Houghton Mifflin Company.
- Frager, R. and Fadiman, J (1998) **Personality and Personal Growth** (4th Ed.) New York : Longman (Chapters -15, 16 & 17 only)
- Friedman, H.S. and Schustack, . W. (2003) **Personality : Clasical Theories and Modern Research** (2nd Ed.) New Delhi : Pearson Education.
- Hall, C. S., Lindzey, G. and Campbell (1998) **Theories of Personality**. New York : John Wiley and Sons.
- Misra, G. and Mohanty, A.K. (2002) **Personality on Indigenous Psychology**. New Delhi : Concept Publishing Company.
- Rckman, R.M. (2000) **Theories of Personality** (7th Ed.) USA : Thomson Wadsworth.

GROUP : A - GUIDANCE AND COUNSELLING**PAPER- XV-A GUIDANCE : RESOURCES & METHODS****Maximum Marks : 100****Int. Asstt. : 20****Examination : 80****Time 3 Hrs.****Note :**

- Nine questions would be set in all.
- Question No. I shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Concept of Guidance :

Meaning & Nature, Scope, Need & Relevance, Basic assumptions goals and principles.

Relationship of guidance with counselling and psychotherapy, Guidance movement in India, Organizing a guidance programme.

Unit-II

Undertaking the Individual :

Importance, barriers, aids and measurement.

Group Guidance :

Need & Importance, Techniques :- Conferences, Audio-visual aids and Role- play.

Unit-III

Educational Guidance :

Nature, Pupil personnel work, Pupil appraisal information,

Role of teacher in preparation and taining school curriculum and guidance.

Vocational Guidance :

Nature, Study of occupations - collecting and disseminating occupational information, Theories of occupation choice.

Role of counselor in education and vocational guidance.

Unit-IV

Test Pupil Appraisal Procedure :

Intelligence tests, Personality Tests, Aptitude tests, Achivements tests, Interest inventories.

Non- test pupil Appraisal Procedures :

Observation, Rating Scales, Interview, Self-reporting Techniques.

References :

- Arther J. Jones (1971). **Principles of Guidance** Delhi : Tata Mc Graw Hill.
- Bhatnagar, A. and Gupta N. (1999) **Guidance & Counselling : Prcatical** (Vol.I & II) New Delhi : Vikas Publishing House.
- Bernard, H.& Fullmer, D. W. (1977) **Principles of Guidance**, New York : Harper & Row.
- Chauhan, Vijayalakshmi & Jain, Kalpana (2004) **Nirdeshan Evam Prammarsh.** Udiapur : Ankur Prakashan.
- Gibson, R.L. and Mitchell, M.H. (1981) **Introduction to Guidance** London :Prentice Hall.
- Gibson R.L. and Mitchell, M.H. (1981) **Introduction to Guidance** New York : Mac Millan.
- Gupta, S.K. (1985) **Guidance and Counselling** Delhi : Mittal.
- Kochhar, S.K. (1984) **Educational and Vocational guidance in secondary schools** New Delhi : Sterling.

- Matheson, R.H. (1955) Guidance Policy and Practice New York : Harper and Brothers.
- Pietrofessa, J.J. Bernstein, B. Minor, J. and Stanford, S. (1980) Guidance : An Introduction. Chicago : Ranel Mc Nally College.
- Rao, S.N. (1997) Counselling and Guidance New Delhi : Tata Mc Graw Hill.

PAPER-XVI-A COUNSELLING : SKILLS & STRATEGIES**Maximum Marks : 100****Int. Asstt. : 20****Examination : 80****Time 3 Hrs.****Note :**

- a) Nine questions would be set in all.
- b) Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- c) There would be two questions (16 marks each) from each of the four units.
- d) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Concept of Counselling :

Meaning, Nature, goals, needs, Stages of counselling, Values in counseling.

Emergence & Growth of Counselling Psychology :

Counselling & Psychotherapy, Types of counselling, counselling movement in India.

Ethical & legal consideration.

Unit-II

Counselling Process-I :

Meaning & Importance of skills & strategies. Establishing structure & creating a therapeutic environment :

Empathy, rapport establishment, respect & genuineness.

Counselling Process-II

Skills of Counselor : Selection, implementation, evaluation, observation, listening, silence, attending behaviour, use of questions & termination of counselling.

Unit-III

Strategies of counseling :

Directive & non-directive counseling, psychoanalytic therapy, developing a pragmatic approach.

Affectively Oriented Strategies :

Existential Therapy, Client Centered Approach, Gestalt Approach.

Unit-IV

Behavioural Oriented Strategies :

Behaviour therapy, Family therapy, Psycho education.

Cognitively Oriented Strategies :

Rational- Emotive therapy by Ellis, Beck's model, Meichenbaum Self- instructional training.

References :

- Allen, E. Ivey, M.B. and Lvey, L.D. (1998) **Counselling and Psychotherapy**, N.J. Prentice Hall.
- Baruth L.G. and Hubar C.H. (1998) **Counselling and Psychotherapy : Theoretical Analysis and skills Applications** Toronoto : Merrill.
- Chauhan, Vijayalakshmi & Jain, Kalpana (2004) **Nireshan Evam Prammarsh** Udaipur : Ankur Prakashan.
- Gelso, C. and Fretz, B. (2001) **Counselling Psychology**. Harcourt College.
- George, R.L. and Cristiani, T.S. (1995) **Counelling Theory & Practice** . Allyn & Bacon.
- Hough, M. (2002) **A Practical approach to Counselling** New Delhi : Peason Education.
- Nelson- Jones R. (1994) **The Theory and Practice of Counselling Psychology** London: Cassell.
- Nelson - Jones R. (2003) **Practical Counselling & Helping Skills** London : Sage.

- Palmer, S. and Mc Mohan G. (1997) **Handbook of Counselling Psychology** London; British association for Counselling.
- Pietrofesa, J. Bernstein, B., Minor, J. and Stanford, S. (1980) **Guidance : An Introduction** Chicago : Rand McNally College.
- Pietrofesa, J; Hoffman, A; Splet, H.H. & Pinto, D.V. (1978), Minor, J. and Stanford, S. (1980) **Guidance : An Introduction** Chicago : Rand McNally College.
- Rao, S.N. (1997) **Counselling and Guidance** New Delhi : Tata Mc Graw Hill.

PAPER-XVII-A SPECIALIZED AREAS OF COUNSELING & GUIDANCE

Maximum Marks : 100

Int. Asstt. : 20

Examination : 80

Time 3 Hrs.

Note :

- Nine questions would be set in all.
- Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Guidance & Counselling in Special Areas :

Concept of Guidance & Counseling in special areas & its need, Guidance of special groups : Cognitive exceptionals and physical exceptionals - meaning, problems/ effects and interventions.

Guiding adolescents :

Meaning, problem & interventions.

Unit-II

Marriage counseling :

Premarital counseling, couple counseling, counseling women.

Counselling with families :

Family group consultations, counseling with families concerning children, counseling with parents.

Unit-III

Counselling at work place :

Role of counselling & counsellor in organization, Research & preparing organizational counseling psychologist, recent trends for organizational guidance & counseling.

Retirement :

Meaning, Individual differences in retirement, Effects of retirement, Practicing guidance & counselling : Development issues & interventions.

Unit-IV

Anxiety Management :

Counseling for anxiety management : nature, assessment & intervention.

Managing substance abuse :

Etiology, Assessment & Intervention.

References :

- Bhatnagar, A. and Gupta, N. (1999) **Guidance & Counselling : A Practical Approach** (Vol. I & II). New Delhi : Vikas Publishing House.
- Brown, S.D. & Lent R.W. (1992) **Handbook of Counselling Psychology** Canada : John Wiley.
- Heward, W.L. and Orlansky (1988) **Exceptional Children** Toronto; Merrill and A Bell & Hawel Injarmation.
- Hunt, N. & Marshall K. (2002) **Exceptional Children & Youth : An Introduction to Special Education** New York : Houghton Mifflin Co.
- Kochhar, S.K. (1984) **Educational and Vocational guidance in secondary schools** New Delhi : Sterling.
- Mahmud, J. (2004) **Development Psychology.** New Delhi : APH Publishing Corporation.
- Palmer, S. and Mc Mohan G. (1997) **Handbook of Counselling Psychology.** London : British association for Counseling.
- Rao, S.N. (1991) **Counselling and Guidance** New Delhi : Tata Mc Graw Hill.

GROUP : B - HUMAN RESOURCE DEVELOPMENT
PAPER-XV-B BEHAVIOURAL PROCESSES IN ORGANISATION
Maximum Marks : 100
Int. Asstt. : 20
Examination : 80
Time 3 Hrs.

Note :

- Nine questions would be set in all.
- Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Basics of organization :

Study of organizations : Complexity and levels, relationships in organizations; Types of organizations : Formal and informal.

Human Behaviour in Organizations :

Nature, causes : Inherited and learned; behaviour as an input - output system, human interpersonal behaviour and its dynamics.

Unit-II

Motivation :

Nature and its relation to work behaviour, theories of motivation : i) Content Theories : Achievement motivation theory : need hierarchy, ERG theory. ii) Process Theories : VIE theory equity theory and goal setting theory.

Job satisfaction & Job Involvement :

Meaning, Measures of Job Satisfaction, relationship

between job satisfaction, personal variables and employment conditions; relationship between job satisfaction and job behaviour; relationship between job satisfaction and life satisfaction.

Unit-III

Leadership and Group Behaviour :

Leadership : Nature and types of leadership styles, leadership vs. management, theories of leadership : contingency theory, cognitive resource theory, path goal theory, normative decision theory, leader member exchange theory.

Group Behaviour in Work Place :

Nature, Types of groups, characteristics of group, processes of group : group shift (group polarization), group think; Approaches of studying group behaviour : Experimental, observation and sociometry.

Unit-IV

Stress and Well being Workplace :

Nature, sources, causes and effects of stress, treating stress in the work place : organizational techniques, individual techniques strategies for achieving wellness.

Organizational Change & Behaviour :

Concept of organizational change, goals, types and process of change;
Resistance of change and overcoming resistance to change.

References :

- Dubrin, J.A. (1994) **Applying Psychology : Individual and Organizational Effectiveness.** New Delhi : Prentice Hall.
- Muchinsky, M. P. (1987) **Psychology Applied to Work.** California : Brooks/ Cole Pub.
- Pal, K. (2007) **Management Process and organizational Behaviour.** New Delhi : I.K. Publishers.

PAPER-XVI-B PSYCHOLOGY AT WORK PLACE**Maximum Marks : 100****Int. Asstt. : 20****Examination : 80****Time 3 Hrs.****Note :**

- Nine questions would be set in all.
- Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Meaning of industrial organizational psychology (I/O), scope and historical development of I/O psychology : world war I and the testing movement, Hawthorne studies, world war II and Engineering psychology.

Challenges for I/O psychology, problems for I/O psychologists, research methods of I/O psychology : Experimental, Naturalistic observation, surveys and opinion polls; ethical practices in research at workplace.

Unit-II

Working conditions :

Physical working conditions : worksites, child care facilities, office and workplace design, landscape offices, Illumination, notice color music.

Work Schedules :

Shift work : working hours, the four day workweek, rest pauses, flexible work schedules.

Unit- III

Performance Appraisal :

Why and what of performance appraisal; techniques of performance appraisal methods : objective methods : output measures, computerized performance monitoring , job related personal data.

Judgemental Performance Methods :

Written narratives, merit rating techniques, management by objectives (MBO); 360-Degree feedback, Bias in performance appraisal : Halo effect , sources of error; How to improve performance appraisals : effective steps.

Unit- IV

Human Engineering :

Importance, development and problems of human engineering; human factors and automation : computers in the office, robotics man - Machine system; techniques for reducing human error.

Accidents and safety in work place :

Meaning & causes of accidents, accidents proneness, reduction and prevention of accidents through training modules of safety awareness : safety auditing, safety programs, occupational safety and health act (OSHA).

References :

- Glendon, A.I. and Mekenna, F. E. (1995). **Human Safety and Risk Management.** Australia : Chapman & Hall Pub.
- Mohanty, G. (1985) **Organizational Psychology** (3rd ed).
- Muchinsky, M.P. (1987) **Psychology Applied to Work** California : Brooks/ Cole Pub.
- Smither, D.R. (1990) **The Psychology of Work and Human Performance** New York : Harper & Row Pub.

PAPER-XVII-B EMPLOYEE TRAINING AND DEVELOPMENT**Maximum Marks : 100****Int. Asstt. : 20****Examination : 80****Time 3 Hrs.****Note :**

- Nine questions would be set in all.
- Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I**Introduction :**

Nature, designing effective training, forces influencing working and learning : Globalization, leadership and diversity of work force, new technology and economic changes.

Strategic Training :

Evolution of training and development process, models of organizing the training department : Faculty model, customer model, matrix model and corporate university model.

Unit-II**Training Methods :**

Traditional Training Methods : Presentation methods, hands on methods, group building methods.

Training Evaluation :

Reasons for evaluation, overview of evaluation process : cognitive, skill based and affective outcomes.

Unit-III**Employee Development :**

Approaches to employee development : formal education, assessment, job experiences, interpersonal relationships, e-learning and employee development.

Issues in Training :

Training Issues : Melting the glass - ceiling, succession planning, joint union - management programmes.

Unit-IV**Career & Career Management :**

What is career : Protean car, traditional vs. protean career; Life cycle model of career development, career development, career management systems : self assessment, reality check, action planning and role of employee and manager in career management .

Future of training development :

Use of performance analysis for business enhancement, outsource training, benchmarking, process reengineering, change management, change interventions.

References :

- Glendon, A.I. and Mekenna, F. E. (1995). **Human Safety and Risk Management.** Australia : Chapman & Hall Pub.
- Mohanty, G. (1985) **Organizational Psychology** (3rd ed).
- Noe, A. Raymond (2008) **Employee Training and Development** New Delhi : Rashtriya Pub.

GROUP : C - DEVELOPMENTAL PSYCHOLOGY
PAPER-XV-C LIFE-SPAN DEVELOPMENTAL PSYCHOLOGY

Maximum Marks : 100

Int. Asstt. : 20

Examination : 80

Time 3 Hrs.

Note :

- a) Nine questions would be set in all.
- b) Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- c) There would be two questions (16 marks each) from each of the four units.
- d) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Introduction :

Concept of Human Development; Methods of studying Human Development - Systematic observation, Interviews and surveys, Case study and clinical method.

Foundations of Human Development : Biological, Social and Cultural factors in Human Development.

Unit-II

Social development : factors affecting social development ; Agencies : role of family, Peers and School.

Self and Identity : Emergence of self-recognition; Development of self concept ; Self Esteem.

Unit-III

Emotional Development : Theories of Emotional development - Social learning and cognitive- developmental discrepancy theory.

Moral Development : Kohlberg's theory of moral development: Development of self control in childhood & adolescence.

Unit-IV

Development concerns during Adulthood : Marriage, Family & work.

Problems of aging : Social theories of aging; Policy issues in an aging society.

References :

- Berk, L.E.(1989). **Child Development.** Boston : Allyn & Bacon.
- Brodzinggkg, D.M., Gormly A.V. & Aniborn, S.R. (1986) **Life Span Human Development.** New Delhi : CBS Publisher.
- Craig, Grace J.)1986) **Human Development** (4th ed.) New Jersey; Prentice Hall .
- Santrock, J. W. (1999) **Life Span development : New York : Mc Graw Hill.**
- Srivastava, A.K. (1998) **Child Development : An Indian Perspective** New Delhi : NCERT.

PAPER-XVI-C COGNITIVE DEVELOPMENT**Maximum Marks : 100****Int. Asstt. : 20****Examination : 80****Time 3 Hrs.****Note :**

- Nine questions would be set in all.
- Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Introduction :

Principles of development, Approaches to Study development - Cross - sectional and longitudinal.

The Nature of development : Cognitive and Socioemotional Processes; Problems of developmental changes - Physical and cognitive changes.

Unit-II

Piagetian approaches to cognitive development : Piaget - assumptions, methodology; mechanisms of development, stages and applications.

Vygotskian Perspective : Vygotsky's theory, Vygotsky and Education.

Unit-III

Language Development : Major theoretical approaches - Learning, biological (Chomsky) Social interaction and Cognitive theories.

Information Processing Approaches : General Models of information processing ; Atkinson & Shiffrin's Store Model, The

Levels of Processing Model.

Unit-IV

Culture & Cognitive development : Culture, categories and concept formation; culture & memory, problem solving, decision making & creativity.

Culture & Developmental Processes : Culture & Temperament, Culture & Attachment.

References :

- Berk, L.E.(1989). **Child Development.** (3rd ed.) New Delhi : Prentice Hall.
- Berry, J. W., Dasen, D. R. and Saraswathi, T.S. (1997) **Handbook of Cross - Cultural Psychology** Vol. 2 : Basic Processes and Human Development MA : Allyn & Bacon.
- Dometrion, A., Snayer, M & Efkidas; A. (Eds) (1992) **Neo Piagetian Theories of Cognitive Development** NY : Routledge.
- Pandey, J. (2001) **Psychology in India revisited** Vol. II New Delhi : Sage Publications.
- Santrock, J. W. (1999) **Life Span development : New York : Mc Graw Hill.**
- Saraswath ,T.S. & Dutta, R. (1985) **Currents trends in developmental Psychology : A Life Span Perspective.** In J. Pandey (Ed.) Psychology in India: The State of Art (pp.93-152). New Delhi : Sage.
- Singh, R. & RadheyShyam (2008) **Adhunik Sangyanatmak Manovigyan** Panchkula (Hatyaana) ; Sahitya Academy.
- Srivastava, A.K. (1998) **Child Development : An Indian Perspective** New Delhi : NCERT.
- Sternberg, R.J. (1984) **Mechanisms of Cognitive Development** NY : W.H. Freeman & Co.
- Vander Veer, R. & Valsiner, J. (1994) **The Vygotsky reader** Oxford : Blackwell.
- Vygotsky, L. S. (1962) **Thought and Language** Cambridge, Mass : MIT Press.

PAPER-XVII-C DEVELOPMENTAL DISABILITY AND PSYCHOPATHOLOGY

Maximum Marks : 100

Int. Asstt. : 20

Examination : 80

Time 3 Hrs.

Note :

- Nine questions would be set in all.
- Question No. I shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Introduction :

Definition of disability, impairment, handicap, Specific models of childhood psychopathology - The medical, behavioural, psychodynamic and cognitive.

Intervention issues related to the developmental psychopathology, emergent needs and skills.

Unit-II

Sensory Disabilities : Deafness; Issues specific to deafness - organismic and contextual, Blindness and visual impairments, organismic and contextual issues.

Motor Disability : Motor impairments, Issues - organismic and contextual.

Unit-III

Mental Retardation & Slow Learners : Definition and categorization of mental retardation, causes, educational and vocational training of slow learners.

Learning Disorders : Reading, writing and arithmetic disorders.

Unit-IV

Developmental Psychopathology ; Anxiety disorders; Childhood depression, obsessive - compulsive behaviour.

Externalizing and pervasive developmental disorders : Conduct disorders; attentions' deficit hyperactivity disorders.

References :

- Adelman, H.S. & Taylor, L. (1993) **Learning problems and Learning Disabilities : Moving Forward** California : Brooky Cole.
- Damon, W. (1997) **Handbook of Child Psychology** (Vol.3) (5th Ed.) Ny : John Wiley.
- Gupta, A. (1989) **World Reading Process among Congenitally Blind and Sighted Children.** In A.F. Bennet & K.M.Mc Cankey (Eds.). **Cognition in Individual and Social Context.** Amsterdam : Elseise.
- Hodapp, Robert. M. (1998) **Development and Disabilities : Intellectual, Sensory and Motor Impairments** (Paper back). U.K. Cambridge University Press.
- Hume, C. & Suowing, M. (1997) **Dyslexics : Biology, Cognitive and Intervention** London; Whusrr.
- Kapur, M. (1995) **Mental Health of Indian Childern, Cognitive and Interventions** London; Whusrr.
- Kople Wicz, H.S. & Klass, E. (Eds.) (1993) **Depression in Childern and Adolescents** NY : Harwood, Academic Pub.
- Sen, A. (1992) **Mental Handicap among Rural Indian Childern** New Delhi : Sage.
- Verma, L. (1990) **The Management of Childern with Emotional and Behavioural Difficulties.** London : Routledge.
- Wenar, Charles (1994) **Developmental Psychopathology : From Infacny Through Adolescence** 3rd ed. Mc Graw-Hill, Inc.

PAPER-XVIII (A&B) PRACTICUM**Maximum Marks : 200****Time : 8 hrs.**

Note :- Examination for the compulsory and optional papers would be held separately.

Candidate would conduct and report atleast 3 practicals from each of the paper. During examination two practicals one from each would be conducted. Evaluation would be based on file record, performance and viva.

PAPER-XVIII (A)**Maximum Marks : 110****Time : 4 hrs.****PAPER-XVIII (A) (I) Practical related to compulsory papers****Maximum Marks : 60****Psychological Testing**

1. Reliability of a Test.
2. Validity of a test.
3. Development of Norms.
4. Item Analysis - Item Difficulty/ Item Discrimination.
5. Test Construction/ Translation
6. Test Construction - Generating items.
7. Test Profiling.
8. Personality Assessment - EPQ/ MPI
9. Achievement Motive Test.

Personality

1. 16 PF
2. EPQ-R/EPP
3. NEO PI-R
4. Type A/B Behaviour Pattern

5. TAT

6. Across perspective comparison of an individual's personality.

7. State Trait Anxiety

8. Social Maturity Scale

9. Values in action

PAPER-XVIII (A) (II) Project Report**Maximum Marks : 50****Time : 4 hrs.**

Note :- Each candidate would prepare and submit a typed, field based supervised project report. Evaluation would be based on project report and viva.

PAPER-XVIII (B) Tests/ Experiments related to optional group**Maximum Marks : 90****Time : 4 hrs.**

Note :- Candidate would conduct and report atleast 3 practicals from each of the paper. During examination two practicals one from each would be conducted. Evaluation would be based on file record, performance and viva.

GROUP : A- GUIDANCE & COUNSELLING (PRACTICAL)**Guidance : Resources and Methods**

1. A case study in Educational/ Vocational/ career Guidance.
2. Information Guidance in area of health
3. Self Concept/ Self Esteem
4. Teacher Effectiveness Scale
5. Student Evaluation Scale
6. Job Satisfaction
7. Job Involvement Scale
8. Vocational Interest Inventory

9. Intelligence test
10. Achievement Motivation Scale
11. Guidance Need Inventory

Counseling : Skills & Strategies

1. Transactional Analysis
2. Shaping
3. A case Study or Counseling
4. Coping Strategies
5. Eight State Questionnaire
6. School Environment Scale
7. Life Stressors & Social Resources Inventory
8. Attributional Styles
9. Career Counselling Personal Data Form
10. Healthy Life Style.
11. Alienation Scale.

Specialized Areas of Counseling & Guidance

1. Systematic Desensitization
2. A Case of Marital/ Premarital/ Elderly or any other counseling
3. Youth Problem Inventory
4. Marital Adjustment Questionnaire
5. Life Satisfaction Scale
6. Occupational Stress
7. Anger Management/ Anxiety Management.
8. Family Pathology Scale.
9. Test for Special Population
10. Learning Disability
11. Impulsive Scale.

GROUP : B- HUMAN RESOURCE DEVELOPMENT (PRCATICAL)

Behavioural Proceses in Orgnaization

1. Job Satisfaction Scale

2. Job Involvement Scale
3. Motivation Scale
4. Coping with Stress
5. Well-Being Scale
6. Leadership Style Scale
7. Organizational Climate Inventory
8. Sociometry
9. Life satisfaction scale
10. Need Inventory
11. Observation report of any Organization's Department
(Production, HR, Finance)

Psychology at Work Place

1. Effect of Noise
2. Effect of Illumination
3. Work Schedules
4. Performance Appraisal
5. Historical Perspective of Industrial Psychology
6. Risk taking Behaviour
7. Man-Machine System
8. Study of Halo Effect
9. Basal Anticipation Time
10. Two hand Co-ordination
11. Reaction Time

Employee Training and Development

1. Self-efficacy scale
2. Role Conflict
3. Organizational Analysis
4. Organizational Climate
5. Attitude towards Work and Life
6. Glass Ceiling
7. Union Commitment
8. Transfer of Training
9. Aptitude test

10. Stress (Sources of Stress)
11. Structured/ Unstructured Interview
12. Psychological Climate

**GROUP : C- DEVELOPMENTAL PSYCHOLOGY
(PRCATICAL)**

Life- Span Developmental Psychology

1. Self concept/ Self Esteem
2. School Environment Inventory
3. Family Relationship Inventory
4. Religiosity Scale
5. Adjustment Inventory school/ College Students
6. Vocational Interest Record
7. Emotional Maturity Scale/ EQ
8. Moral Judgement test
9. Childern Personality Questionnaire
10. Social Maturity Scale.

Cognitive Development

1. Coloured Progressive Matrices (CPM)
2. General Mental Alertness test.
3. Non-Verbal test of Creative Thinking.
4. Reading Ability test.
5. Mechanical Comprehension.
6. Engineering Aptitude test Battery.
7. Coping Responses Inventory
8. Language Usage.
9. Development Assessment Scale for Indian Infants.
10. Jalota Mental Ability test.
11. Computer : Data tools for Information processing.

Developmental Disability and Psychopathology

1. CAT
2. General Anxiety Scale or Children

3. Rosenzweig Picture Frustration test for Children.
4. PAT Neuroticism Scale
5. Family Pathology Scale.
6. Grief Experience Inventory.
7. How to Cope with Crisis
8. Parenting Stress Index.
9. Mental Retardation test.
10. WPPSI.

M.A. (Semester-IV) Psychology 2009-2010**PAPER-XIX PSYCHOLOGICAL ASSESSMENT**

Maximum Marks : 100
Internal Assessment : 20
Examination : 80
Time 3 Hrs.

Note :

- Nine questions would be set in all.
- Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Measurement of Intelligence :

Individual Tests - Stanford- Binet, Wechsler Scales.

Measurement of Aptitude & Abilities :

Group Tests - Multidimensional Aptitude Battery, Multilevel aptitude Batteries- Cognitive Abilities test, Multiple Aptitude Test Batteries - Differential Aptitude Test.

Unit-II

Personality Testing :

Self Inventories - MMPI, EPPS, 16 PF, Neo Personality Inventory.

Projective Techniques :

Inkblot, Pictorial, Completion.

Unit-III

Interest Inventories :

Strong Interest inventory, Kuder Occupational Interest Survey. Jackson's Vocational Interest Survey and Vocational Preference Scale.

Assessment at Work :

Work values assessment, measures of career development.

Unit-IV

Testing in Educational Set Up :

Achievement test, Assessment in Early Childhood education, tests for College level, Post-Graduation Selection Tests.

Tests for Special Population :

Infant & Preschool testing, Assessment of mentally retarded and physically handicapped.

References :

- Anastasi, A. and Urbina, S. (1997) **Psychological Testing** (7th Edition) Upper Saddle River (NJ) : Prentice hall.
- Anastasi (1998) **Psychological Testing** (6th Edition) New York : Mac Millan.
- Friedenberg, L. (1995) **Psychological Testing : Design Analysis and use.** Boston : Allyn and Bacon.
- Gregory, R.J. (2004) **Psychological Testing : History, Principles and applications (4th edition)** New Delhi : Pearson education.
- Kline Paul, (1993) **The Handbook of Psychological Testing** London : Routledge.
- Morphy K.R. and Davidshofer, C.O. (1988) **Psychological Testing : Principles and application** New Jersey : Prentice Hall.

PAPER-XX POSITIVE PSYCHOLOGY

Maximum Marks : 100
Internal Assessment : 20
Examination : 80
Time 3 Hrs.

Note :

- a) Nine questions would be set in all.
- b) Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- c) There would be two questions (16 marks each) from each of the four units.
- d) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Positive Psychology : Emergence, embodiment, Scope and Future.

Western and Eastern perspectives on positive psychology.

Unit-II

Positive Emotional and Cognitive States : Happiness; Hope and Optimism; wisdom; Flow.

Unit-III

Classification and Measurement of Human Strength;
 Pro Social Behaviour : Gratitude; Forgiveness; Attachment;
 Flourishing Relationship and Love.

Unit-IV

Living well at every stage of life.

Resilience in Childhood;

Positive Youth Development;

The Life Tasks of Adulthood; Successful Aging;

References :

- **American Psychologist** Jan, 2000. Vol.55 No. (1).
- Carr, A. (2004) **Positive Psychology** New York : Bruner Routledge.
- Snyder, C. R. and Lopez, S.J. (2007) **Positi Psychology** New Delhi : Sage.
- Yadava, A. and Sharma N. R. (2006) **Positive Health Psychology** New Delhi : Global Vision Publication House.

GROUP : A- CLINICAL PSYCHOLOGY
PAPER-XXI-A FOUNDATIONS OF CLINICAL PSYCHOLOGY

Maximum Marks : 100
Internal Assessment : 20
Examination : 80
Time 3 Hrs.

Note :

- Nine questions would be set in all.
- Question No. I shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Clinical Psychology, Nature and development :

Activities of Clinical Psychologists, Development of Clinical Psychology as a profession, Clinical Psychology and other related fields.

Professional Issues:

Professional training, Professional regulation and Professional ethics.

Unit-II

Methods and Clinical Assessment :

Methods of study in Clinical Psychology

Clinical Assessment : Clinical interview, case history, mental state examination.

Unit-III

Diagnosis and classification :

Diagnosis and classification : Meaning, purpose of classification Multiaxial system - DSM IV.

Treatment :

Psychotherapy - meaning and nature, models of intervention.

Unit-IV

Treatment :

Psychoanalytic therapy,

Behaviour therapy - systematic desensitization

Cognitive behaviour therapies - REBT & CBT

Client centred & Gestalt, existential.

References :

- Alan S. Bellack, Michel Hersen (1980) **Introduction to Clinical Psychology** New York : Oxford University Press.
- Carson, R.C., Butcher, J.N. and Mineka, S. (2000) **Abnormal Psychology and Modern Life (11th ed.)**, New Delhi : Pearson.
- Carson, R.C., Butcher, J.N. and Mineka, S. (2000) **Abnormal Psychology (13th ed.)**, New Delhi : Pearson.
- Hecker, J. E. and Thorpe, G.L. (2005) **Introduction to Clinical Psychology : Science, Practice and Ethics** New Delhi : Pearson.
- Kellerman, H. and Burry, A. (1997) **Handbook of Psychodiagnostic testing : Analysis of Personality in the Psychological report** Boston : Allyn & Bacon.
- Korcin, S.J. (1976) **Modern Clinical Psychology : Principles of Intervention in the Clinic and Community**, New York : Harper.
- Michel Hersen, Alan E. Kazdin, Alan S. Bellack (1983) **The Clinical Psychology Handbook** New York : Pergamon Press.

- Nietzel, M. T., Bernstein, D.A. and Milich, R. (1994) **Introduction to clinical psychology (4th Edition)** New Jersey : Prentice Hall.
- Trull. T.J. and Phares. E. J. (2001) **Clinical Psychology : Concepts Methods and Profession (6th ed.) Belmont : Wadsworth.**

PAPER-XXII-A NEUROPSYCHOLOGY**Maximum Marks : 100****Internal Assessment : 20****Examination : 80****Time 3 Hrs.****Note :**

- a) Nine questions would be set in all.
- b) Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- c) There would be two questions (16 marks each) from each of the four units.
- d) Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

CNS : Gross anatomy and classification, Ventricular system and meninges.

Methods of Investigation : Electrophysiological procedures - EEG and EP Scanning and imaging of brain - CT, MRI, PET, CBF, SPECT and MRI.

Unit-II

Intracranial tumours : Types causes, diagnosis, symptoms and management. Cerebrovascular disorders : Types, causes, diagnosis, symptoms and management.

Unit-III

Degenerative disorders ; Alzheimer's disease, Parkinson's Disease and Huntington's Disease - Causes, Symptoms and management.

Cerebral trauma : closed head injuries and open head injuries causes symptoms & management.

Unit-IV

Neuropsychological assessment batteries : Halstead - Reitan,

Luria - Nebraska, PGI Battery of brain Dysfunction, AIIMS Neuro Psychological Battery. Neuro Psychological rehabilitation.

References :

- Boller, F., Grafman, J. (1988) **Handbook of Neuropsychology**. New York : Elsevier.
- Carlson, Neil R. (2005) **Foundations of Physiological Psychology** (6th ed. LPE) New Delhi : Pearson- Education.
- Dimond, S.J. (1980) **Neuropsychology : A text book of systems and psychological functions of the human brain** Butter worths : Lndon -Boston.
- Filsknow, S. B. and Boll, J.J. (1981) **Handbook of Clinical Neuropsychology** New York : John Wiley.
- Grahm, R.B. (1990) **Phsyiological Psyhcology** California Wadsforth.
- Ha'casn, H and Albert, M.L. (1978) **Human Neuropsychology** New York : John Willy.
- Harton, A.M.N. (1984) **Clinical and Behaviour Neuropsychology** New York ; Praeger.
- Heilman, K.M., & Valenstein, E. (!993) **Clinical Neuropsychology New York : Oxford University Press.**
- Jarvis, P.E. and Jeffery, T. Brth (1994) **Halstead-Reitan Neuropsychological test Battery : A Guide to iNterpretation and Clinical Applications** Aorida : Psychological Assessment Resources Inc.
- Kolb, B., & Whisaw, I.Q. (1990) **Fundamentals of human Neuropsychology Rehabilitation** New York : Freeman, W.H.
- Meier, M.J. Burton A.L. and Diller, L. (Eds.) (1987) **Neuropsychological Rehabilitation** Edinburgh : Church chill Livengstons.

- Mosses, J.A. & Golden C.J. (1990) **Interpretation of the Luria Nebraska Neuropsychological Battery** New York : Allyn & Bacon.
- Pinel, John P.J. (2006) **Bio Psychology** (6th ed.) New Delhi : Pearson Education.
- Ottoson, D. (1987) **Duality and unity of the brain U** London Mac Millan.
- Walsh, K. (1994) **Neuropsychology : A Clinical approach.** New Delhi : Churchill Livingstone.
- Whitaker, H. A.(1988) **Neuropsychological studies of nonfocal brain damage** New York : Springer- Verlag.
- Zillmer E.A. & Spiers Mary V. (2001) **Principles of Neuropsychology,** Stanford : Wads-worth Thomson.

PAPER-XXIII-A CLINICAL INTERVENTION

Maximum Marks : 100
Internal Assessment : 20
Examination : 80
Time 3 Hrs.

Note :

- Nine questions would be set in all.
- Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Intervention Goals and process :

Intervention Nature and Goals, approaches.

The helping process - Clinical Psychologist Counsellor as a person and professional, skills of a therapist - Listening, leading, confronting.

Unit-II

Issues faced by therapists and clinical intervention :

Issues faced by therapists, Learning our limits - transference and counter transference, establishing realistic goals.

Intervention - Group Therapy, Family therapy, Creativity art therapies.

Unit-III

Intervention - Psychodrama, Yoga and meditation, placebo effect.

Biofeedback, Assertion training, self instructional training.

Unit-IV

Skill Training programmes :

For anger control, persons suffering from psychological problems, mentally retarded

Life skill training programmes : Designing and Evaluation.

References :

- Korchin, S.J. (1976) **Modern clinical Psychology : Principles of Interventions in the Clinic and Community** New York : Harper.
- Nietzel, M. T. , Bernstein, D.A. and Millich , R. (1994) **Introduction to clinical psychology (4th ed.)** New Jersey : Prentice Hall.
- Hecker, J. E. and Thorpe , G.L. (2005) **Introduction to Clinical Psychology : science, Practice and Ethics.** New Delhi : Pearson.
- Spiegler, M. D. and Guevermont, D.C. (1998) **Contemporary behaviour therapy (3rd Ed. New York : Brooks/ Cole.**
- Trull, T.J. and Phares, E.J. (2001) **Clinical Psychology : Concepts Methods and Profession (6th Ed.)** Belmont : Wadsworth
- Baruth, L.G. and Huber, C.H.(1985) **Counseling and Psychotherapy : Theoretical Analysis and Skill Applications** London : Merrill, A Bell and Howell.
- L'Abate, L. & Milan, M. A. (1985) **Handbook of Social Skills Training and Research** New York : John Wiley & Sons.

GROUP : B - SOCIAL PSYCHOLOGY
PAPER-XXI-B ADVANCED SOCIAL PSYCHOLOGY

Maximum Marks : 100
Internal Assessment : 20
Examination : 80
Time 3 Hrs.

Note :

- Nine questions would be set in all.
- Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Fields of Social Psychology :

Social Psychology's place in Social Sciences, Theories as explanations of social behaviour : Psychoanalytic theory, S-R theory, Cognitive theory.

Research methods in Social Psychology :

The Classical experiment, Field observation, Interview & Questionnaire, Unobtrusive measures, Archival analysis.

Unit-II

Nature vs. Nurture :

Biologically based theory, Social Ecology and Environmental Psychology, An interactive view of nature and nurture.

Knowing the Self :

Self attribution, Biases in self perception, Self-esteem : attitude

towards self, Social comparison : knowing thyself.

Unit-III

Groups and Individuals :

Groups, Effect of presence of others, Co-ordination in groups : Co-operation, Conflict, Resolving conflict; Decision making by groups.

Applying Social Psychology to Law :

Social Psychology and legal system : Before the trial begins, Effects of media coverage, Eyewitness, Key participants in a trial.

Unit-IV

Applying social Psychology to Health :

Stress : causes, effects and control, Personal characterization and health, Promoting healthy life styles.

Applying Social Psychology to Work Settings :

Work related organizational citizenship behaviour, Leadership - influences in group settings, social psychology of entrepreneurship.

References :

- Barobn, R.A., Byrne, D & Branscombe, N. R. (2006) **Social Psychology.**
- Kearl, C.M. & Cordon, C.(1992) **Social Psychology** Massachusetts : Allyn & Bacon,.
- Worchel, S. Cooper, J. Goethals, R.G. & Olson, M.J. (2000) **Social Psychology** New York : Thompson.

PAPER-XXII-B SOCIAL PROBLEMS

Maximum Marks : 100
Internal Assessment : 20
Examination : 80
Time 3 Hrs.

Note :

- Nine questions would be set in all.
- Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Studying Social Problems :

Theoretical interpretations of social problems : Structural - functionalist perspective, Conflict perspective, Symbolic interactionist perspective.

Towards understanding of contemporary problems : Connection, Scope and level, Gloom and doom.

Unit-II

Population Dynamics :

Overpopulation : unprecedented growth; Population, environment and development, World hunger and controlling fertility; Under population and societal aging, Migration.

Inequality and Poverty :

Assessing contemporary inequality, Industrialism, post industrialism and inequality, Understanding poverty : Defining & measuring, Causes of poverty.

Unit-III

Inequalities of Sex and Gender :

Gender stereotypes and gender role, Patterns of gender inequality : gender and education, Gender and the workplace : sexual issues; harassment, rape and abortion; Feminism and the women's movement.

Family Disorganization and sexuality :

Impact of work and the economy on family life. Family violence : Child abuse, abuse of elderly, battered women, A cross cultural perspective of family violence, Divorce : Factors and its effects on children.

Drug and Alcohol Abuse :

Drug dependence : drug use and abuse : Trends, drug abuse and law; alcohol use and abuse; Social characteristics of users and abusers, Consequences and cause of problem drinking, Controlling the problem.

Crime & Violence :

Counting crime around the world, offenders and victims, Crime and unemployment; Explanations of crime and violence : Functionalism and crime, conflict sociology and crime, T.V. and violence; Property crime and occupational crime, organized crime the global dimension.

References :

- Kears, M., Gordon, C. (1992) **Social Psychology**. London : Allyn & Bacon.
- Soroka, P.M. Bryjak, J.G. (1995) **Social Problem : A World at Risk** U.S.A. : Allyn & Bacon Pub.
- Winter, D.D.N., Koger, S.M. (2004) **The Psychology of Environmental Problems** New Jersey. Lawrence Erlbaum Associates.

PAPER-XXIII-B CROSS CULTURAL PSYCHOLOGY

Maximum Marks : 100
Internal Assessment : 20
Examination : 80
Time 3 Hrs.

Note :

- Nine questions would be set in all.
- Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Culture and Psychology :

Cross cultural research and psychology, Defining culture, Culture & diversity, Ethics and emics.

Cross Cultural Research Methods :

Types of cross cultural research, Issues concerning, Cross cultural comparisons. Culture as a measurable construct.

Unit-II

Ethnocentrism, Prejudice & Stereotypes :

Ethnocentrism and intergroup attitudes, Stereotypes, Prejudice, Discrimination and Ism.

Enculturation and Socialization :

Enculturation & socialization, Culture and child rearing, Parenting and families, Culture & peers, Culture education and religion.

Unit-III

Culture & developmental processes :

Culture & temperament, Culture and attachment Cognitive development, Moral reasoning.

Culture & Health :

Cultural difference in the definition in the definition of health, Socialcultural influences on physical health, Cultural differences in dealing with health.

Unit-IV

Culture, language & Communication :

Structure of language : The Sapir-Whorf hypothesis, Bilingualism and culture, Intra vs. intercultural communication, improving intercultural communication.

Culture & Social Behaviour :

Culture & Ingroup/ outgroup relationships; Culture, person perception & attractiveness; Culture & attributions; Culture & aggression ; Culture & conformity, compliance, obedience and co-operation.

References :

- Baron, R.A., Byrne, D & Branscombe, N.R. (2006) **Social Psychology** (11th ed.) New Delhi : Pearson Education.
- Matsumoto, D. (2000) **Culture & psychology people around the world** (2nd ed.) Belmont : Wadsworth.
- Matsumoto, D. & Juang, L. (2004) **Culture & Psychology** (3rd ed.) Belmont : Wadsworth.

GROUP : C - HEALTH PSYCHOLOGY**PAPER-XXI-C FOUNDATIONS OF HEALTH PSYCHOLOGY**

Maximum Marks : 100
Internal Assessment : 20
Examination : 80
Time 3 Hrs.

Note :

- Nine questions would be set in all.
- Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Concept of Health, Health dimensions, Health and Disease.

Concept of Causation, Control and Prevention of disease.

Nature, Scope and Models (Biomedical and Bio Psychosocial) of Health Psychology.

Unit-II

Biological Foundations of Health :

Structure and Functions of Nervous System,

Functions of Endocrine glands and system,

Structure and Functions of Cardiovascular System.

Unit-III

The Body's System and Health :

Structure and Functions of Respiratory System,

Structure and Functions of Digestive System,

Structure and Functions of Reproductive System and Behaviours genetics.

Unit-IV

Chronic Disease, Prevalence and Behavioural Impact : Symptoms and Etiology of Hypertension and cardiovascular disease, Diabetes, HIV/AIDS and Cancer.

References :

- Bramon, L., Feist I. (2000) **Health Psychology**. U.K.Brooks/ Cole.
- Park. K. (2007) **Park's Text Book of Preventive and Social Medicine** (19th Ed.) Banarsi Das Bhanot Publisher's Jabalpur.
- Sarafino, E.P. (202) **Health Psychology : Biopsychosocial Interactions** USA : John Wiley.
- Snyder, J.J., (1989) **Health Psychology and Behavioural Medicine** New Jersey : Prentice Hall.
- Straub, R.O. (2007) **Health Psychology : A Biopsychosocial Approach**. New York : Worth.

PAPER-XXII-C MIND - BODY HEALTH

Maximum Marks : 100
Internal Assessment : 20
Examination : 80
Time 3 Hrs.

Note :

- Nine questions would be set in all.
- Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Mind- Body connection to various disease conditions.

Impact of stress on Health : Nature, types and factors leading to stress; Physiological reactions to stress Stress immune system and health

Unit-II

Disease and Personality :

Connection between disease and personality;

Personality traits and health : Anger, Anxiety, depression and hardiness.

Disease Prone Personlaity :

Cancer, Rheumatoid Arthritis, Asthma and Coronary / Artery disease.

Unit-III

Social Support and Health :

Nature of social support and protective effect on Health;

Benefits/ consequences of loneliness, marriage, family and grief.

Spirituality and Health.

Nature and Influences on Health, Healing power/ Health benefits of Altruism, Faith and Hope.

Unit-IV

Perception and Health :

Explanatory style and Health; Influences of locus of control, self esteem, pessimism, optimism and humor on health.

Outcomes and Interventions ;

Outcomes for specific medical illness; Principles underlying stress resilience and well-being; Mind-Body Treatment : can it change the course of disease ?

References :

- Hafen, B.Q., Karren, K.J. Frandsen, K.J. and Smith, N.L. (1996) **Mind/Body Health : The Effect of Attitudes, Emotions and Relationships** Lonon : Allyn and Bacon.
- Snyder J.J. (1989) **Health Psychology and Behavioural Medicine** New Jersey: Prentice Hall.
- Taylor, S.E. (1995) **Health Psychology** New Delhi : Mc Graw Hill.

PAPER-XXIII-C MANAGEMENT OF HEALTH

Maximum Marks : 100
Internal Assessment : 20
Examination : 80
Time 3 Hrs.

Note :

- Nine questions would be set in all.
- Question No. 1 shall be based on the entire syllabus and would be compulsory. It would contain eight short answer questions of two marks each.
- There would be two questions (16 marks each) from each of the four units.
- Candidates would be required to attempt five questions (one compulsory and selecting one from each unit.)

Unit-I

Health Promotion :

Health behaviours; Barriers to effective Health promotion; Factors influencing the promotion of Health behaviours; Changing Health behaviours by changing health beliefs; Cognitive behavioural Approaches to health behaviour change; Stages of health behaviour change.

Unit-II

Pain and its management :

Nature and significance of pain : Biological and psycho social aspects of pain; Theories of pain; Assessment of pain; Managing and controlling pain.

Unit-III

Principles of Cognitive and Behavioural Interventions :

Basic Behavioural Intervention : Operant, Respondent and Observational learning.

Biofeedback and Relaxation Training :

Biofeedback : Clinical Applications, Procedures, treatment and effectiveness. Relaxation training : Progressive muscle relaxation, meditation and yoga.

Unit-IV

Epidemiology and Management of Chronic Illness :

Cardiovascular disease : Prevention and non-drug treatment of blood pressure, Behavioural interventions in CHD.

Diabetes: Behavioural intervention.

Cancer : Psychological treatment and coping with cancer.

References :

- Feist, J. and Brannon, L (2000) **Health Psychology : Introduction to Behaviour and Health** USA Wadsworth.
- Kaplan, R.M. Sallis, Jr. J.F. and Patterson , t.L. (1993) **Health and Human Behaviour** New York : Mc Graw Hill.
- Sarafino, E.P. (2002) **Health Psychology : Biopsychosocial Interactions** USA : John Wiley.
- Snyder J.J. (1989) **Health Psychology and Behavioural Medicine** New Jersey: Prentice Hall.
- Taylor, S.E. (1995) **Health Psychology** New Delhi : Mc Graw Hill.

PAPER-XXIV (A&B) PRACTICUM**Maximum Marks : 200****Time : 8 hrs.**

Note :- Examination for the compulsory and optional papers would be held separately.

Candidate would conduct and report atleast 3 practicals from each of the paper. During examination two practicals one from each would be conducted. Evaluation would be based of file record, performance and viva.

PAPER-XXIV (A)**Maximum Marks : 110****Time : 4 hrs.****PAPER-XXIV (A) (I) Practicals related to compulsory papers****Maximum Marks : 60****Psychological Assessment**

1. WAIS
2. DAT/ Scientific Aptitude scale for College Students.
3. Career Development Inventory.
4. Holtzman Inkblot Test.
5. Vocational Interest Inventory/Vocational Attitude Scale.
6. Job Satisfaction/Occupational Stress/ Job Involvement Scale
7. Achievement Motivation Scale.
8. Test for Special Population
9. Personality Assessment - TABP/ Type Indicator.

Postive Psychology

1. Assessment of Happiness
2. Assessment of Hope/optimism.
3. Assessment of Flow.

4. Assessment of Human Strengths

5. Assessment of Gratitude.

PAPER-XXIV (A) (II) Project Report**Maximum Marks : 50****Time : 4 hrs.**

Note :- Each candidate would prepare and submit a typed, field based supervised project report. Evaluation would be based on project report and viva.

PAPER-XVIII (B) Tests/ Experiments related to optional group**Maximum Marks : 90****Time : 4 hrs.**

Note :- Candidate would conduct and report atleast 3 practicals from each of the paper. During examination two practicals one from each would be conucted. Evaluation would be based of file record, performance and viva.

GROUP : A- CLINICAL PSYCHOLOGY (PRACTICAL)**Foundations of Clinical Psychology**

- WAIS / WISC
- Wechsler's Memory Scale / PGI Memory Scale.
- Personality Test (Objective) MMPI
JMPI
CAQ
JPI
- Personality tests projective- Rorschach/ SIS
- Tests for special population - Malins scale of Intelligence for children, Saguin form board.

- Indian adaptation of Vineland social maturity scale
- Picture Frustration test
- Case Study

Neuro Psychology

EEG

EMG,

Color stroop Test

PGI Battery of brain dysfunctions,

AIIMS Neuropsychology test battery,

Memory experiment in aged : Explicit v/s implicit memory

Learning deficits in aged subjects

Complex RT-Decision Gestalt test

Bender Visual Motor gestalt test.

Language Lateralization

Clinical Intervention

Self disclosure

Test of placebo effect

Biofeedback

Somatic Inkblot Series (SIS)

Testing rational/ irrational beliefs

Suicidal ideation

Attribution Styles.

Behavioural Excesses and their identification

Shaping

Cognitive Styles

Identification of coping styles/ Strategies.

GROUP : B- SOCIAL PSYCHOLOGY (PRACTICAL)

Advanced Social Psychology

1. Observation (Naturalistic vs. Controlled in the form of field notes).
2. Self-Concept Scale
3. Social Facilitation
4. Conflict Resolution
5. Life Style Scale
6. Leadership Preference Scale
7. Self- Esteem Inventory
8. Job Satisfaction Scale
9. Burnice- Life Stressors and Social Resources
10. Interview with the help of Interview schedule.

Social Problems

1. SES (Socio Economic Scale)
2. Modernisation Scale
3. Youth Problem Inventory
4. Problem Solving Test
5. Study of Habits
6. Study of Values
7. Sex Behaviour Attitude Scale
8. Social and Family Role Stress Scale
9. Attitude towards Narcotics
10. Media and Violence (Interview Based)

Cross Cultural Psychology

1. Study of Stereotypes
2. Study of Aggression

3. Value Conflict Scale
4. Parenting Styles
5. Attribution Styles
6. Attachment Style
7. Religiosity Scale
8. Temperament Scale
9. Physiological Reactions to Emotions
10. Study of Prejudice

GROUP : C- HEALTH PSYCHOLOGY (PRACTICAL)

Foundations of Health Psychology

1. Case History of a Patient (Chronic Disease)
2. Health Examination (GHQ-60/ GHQ-12)
3. Health Examination of a Normal and Diseased Person (Health Schedule).
4. Assessment of Positive Psychological health.
5. Survey of health Problems of Adolescents.

Mind - Body Health

1. Assessment of Stress (Physiological Measure)
2. Assessment of Personality Traits : Anger/ Anxiety/ Depression/ Hardiness.
3. Personality profile of a Diseased (Chronic) Person.
4. Assessment of Spirituality
5. Assessment of Explanatory Style : Locus of Control / Self Esteem/ Optimism.

Management of Health

1. Assessment of Pain.
2. Case History : Assessment of Health Compromising behaviour and its Reduction.
3. Assessment of health Enhancing Behaviour (Exercise) and Health.
4. Epidemiological Survey of Chronic Diseases in a Specific Sample.
5. Biofeedback/ Relaxation Technique (Pre-Post Effect on a Health Measure).